## Strategies for Low Risk of Getting Lost

## $\mathscr{Q}$ Technology

- Look into obtaining a locating technology.
  - These devices can be found on the <u>Finding Your Way®</u> website, or you can use the ones already on your phone (e.g., Find My Friend App, Life360, or Google Maps)

## ్లో Family and Friends

 Develop a plan of preventive strategies such as those highlighted in different risk levels. For example, tell your partner or friend you are going to the grocery store.

## **ⓑ** Community

- Talk to your local Alzheimer Society or care provider. They can provide you with education or strategies to help keep you safe.
  - Finding Your Way Program
  - Alzheimer Society
- Register yourself under a Vulnerable Persons Registry if available in your area.
  - Ask local police or Alzheimer
    Society to determine if your
    community has one.
- MedicAlert can provide a bracelet that can identify who you are and connect you to your family member or friend if you get lost.